



Parshat Ekev

Friday, Jul 30

Shacharit 6:45 am
Mincha 7:15 pm
Latest Candles 7:57 pm

Saturday, Jul 31

Shacharit 9:00 am
Sof Z'man K'S 9:26 am
Mincha 7:50 pm
Shiur/Seudat Shlishit 8:20 pm
Maariv 9:00 pm
Havdalah 9:06 pm

Sunday, Aug 1

Shacharit 8:30 am
Mincha/Maariv 7:55 pm

Monday, Aug 2

Shacharit 6:35 am
Mincha/Maariv 7:55 pm

Tuesday, Aug 3

Shacharit 6:45 am
Mincha/Maariv 7:55 pm

Wednesday, Aug 4

Shacharit 6:45 am
Mincha/Maariv 7:55 pm

Thursday, Aug 5

Shacharit 6:35 am
Mincha/Maariv 7:55 pm

Contact Us

CONGREGATION ARZEI DAROM

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Teaneck, NJ 07666

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Events

Kiddush this Shabbat is sponsored by Ita & Rocky Cohen in honor of their wedding anniversary, Toby & Jody Eisenman in honor of their grandchildren, and Meredith & Lenny Hanauer in honor of their children Amanda and Seth

Mazal Tov to Rebecca and Peter Gilbert on the birth of a baby boy. The Gilberts have recently moved in to the area. The Shalom Zachor will be held at 9.30 PM on Friday 30th July, at the Gilberts' home at 843 Queen Anne Road. The entrance to the house is on Merrison Street. The Bris will be held this coming Sunday 1st August at Congregation Bnai Yeshurun. Shacharis begins at 8.50 AM, followed by the Bris at 9.20 AM or thereafter. If you are interested in making a meal for the Gilberts, please contact Deena Fisher deenafisher100@gmail.com. The meals will be begin on Sunday, August 1st and end on Shabbat, August 14th (there are no food allergies).

New Weekday Mincha/Maariv Minyan

We are pleased to announce a new Weekday Mincha/Maariv Minyan at Arzei Darom. This week's minyan will be at 8:05 pm.

2010-2011 Yizkor book

The Arzei Darom 2010-2011 Yizkor book will be printed in time for the Yom Tovim. All those interested in having the names of their loved ones listed should submit them by August 1st. The book will be used on all 4 occasions that Yizkor is said and the prices have been reduced this year and are as follows:

- 1 name \$36
- 2 names \$72
- 3 names for \$100 and

If anyone has more than 3 names please contact either Stacey Katzwer at skatzwer29@gmail.com or Moshe Blech at mblech@deloitte.com

All requests for names should be sent to skatzwer29@gmail.com and the deadline is August 1st

July and August Birthday/Anniversary Kiddush - August 14

We will be having our next birthday/anniversary kiddush on August 14. If you're celebrating a birthday or anniversary in July and August, please e-mail all names with the date(s) of the birthday and/or anniversary to Susan Taubes at susanjat@aol.com.

The cost to participate is \$25 per name. All participants will be recognized in the weekly announcements and next newsletter.

Thanks again for your participation.

Arzei Darom Honey Sale

This year for Rosh Hashana, dip your apple into something special!

Thanks to beefolks.com, we are able to offer you their full line of raw

varietal honeys. Raw honey has better flavor because it has not been heat-treated, and while typical supermarket honey comes from clover or orange blossoms, you can choose among Almond Honey, Tupelo Honey, Killer Bee Honey, Cranberry Honey, and more! Over 20 varieties available, kosher certified by the Star-K (see beefolks.com web site for details).

Two ways to order and save:

1) Save on shipping costs by sending in your order sheet to David Max (attached or [download](#) from Arzei Darom web site) with payment by August 10th. Pick up your order locally in Teaneck in time for Rosh Hashana.

2) Order online from beefolks.com and use coupon code ARZEI on checkout (coupon code expires 9/30). You will receive a 10% discount on your order and have your order shipped directly to your home (or to your parents in Pennsylvania, in-laws in Indiana, cousins in California, nieces in Nebraska, or uncles in, er..., Unklahoma). Please share the coupon code with anyone you like.

More information will be up on the Arzei Darom web site soon. For more information, contact David Max honeysale@arzeidarom.org.

Rosh Hashanah and Yom Kippur Seats

We have begun to accept reservations for Rosh Hashanah and Yom Kippur seats. The prices have remained the same as last year:

- \$ 110 Per seat for Full Members
- \$ 135 Per seat for Associate Members
- \$ 160 Per seat for non-members

Please return your reservation form with payment, including completing the second page so that we may **plan appropriately for all children who will be attending youth groups on Rosh Hashanah and/or Yom Kippur.**

The reservations will be open to **Full Members** and **Associate Members** until **August 11, 2010**. After that, any additional seats will be made available to the general public as well.

Learning Programs

Rabbi Ciment's weekly shiur following the book "The Guide to Serving Hashem" is suspended for the summer.

We are pleased to announce the return of the Shul Wide Learning Program. We will be dividing up and learning all of Nach (Nevii'm and Ketuvim) with a siyum to take place during the summer. We have completed the sign up and list and will be placing it in the lobby soon. As we are looking for maximum participation please contact Ron Goldgewert rgoldgewert@verizon.net if you would like to join in the learning of any sefer.

Our learning programs are made possible by the generous contributions of our members. Please contact fundraising@arzeidarom.org to help sponsor one of our learning programs.

Important Safety Notice

PLEASE DO NOT BLOCK the doorways or the walkway leading to the doors to the shul with your baby carriage. We understand that if it is raining or snowing you do not want your carriage to get wet, but this is a safety issue. The doorways MUST NOT BE BLOCKED AT ANY TIME.

Thank you for your anticipated cooperation.

Kiddush Committee News

Kiddush clean up is on a rotating basis, based on your last name. While we recognize that everyone in your group may not be available each Shabbat, we ask that you pitch in if you are assigned in that month so that the same people are not doing the clean-up each week. We all like kiddushes and we all make plans for lunch after shul so please be respectful of your fellow congregants by helping out during your assigned month if you are in shul.

July

Wagh, Weiss, Adams, Albert and Alt.

For information on sponsoring a Kiddush, Kiddush cleanup, or the Kiddush committee please contact kiddush@arzeidarom.org.

Dedicate A Sefer Or A Volume Of Shas

A wonderful way to commemorate an anniversary, honor a Bar or Bat Mitzvah, a significant birthday, marriage, or birth, or in memory of a loved one, is to dedicate a Sefer.

SHAS - The ritual committee has purchased a full Hebrew/English Artsroll Shas for our shul. There are still many volumes available for dedication. To sponsor a Masechet please contact Aryeh Simmonds at Aryeh4@yahoo.com. The cost is only \$36 per volume.

MACHZORIM, SIDDURIM, & CHUMASHIM - There are also many other volumes available for dedication. To dedicate one of these, contact: Rebecca Segal at rebeccasegal@att.net.

- Artsroll Hebrew / English Siddur - \$30
 - Artsroll Hebrew only Siddur - \$18
 - Stone Chumash - \$45
 - Rosh Hashanah or Yom Kippur Machzor - \$30
 - Set of 2 Machzorim - \$55
 - Volume of Shas - \$36
-

Communications Committee News

The communications committee is looking for volunteers to assist with the newsletter, web page, and weekly eNnouncements. Please contact Zev Darack at communications@arzeidarom.org for more information.

Are you running a program that should be listed here? Send an e-mail to enouncements@arzeidarom.org by noon on Wednesday to have your event listed.

Youth Committee News

Parental Assistance Requested

Groups will have a VERY limited staff through July and August due to camp schedules. Parents who will be in shul are urged to help out. Additionally, our youth director, Aliza Yaros is taking a well deserved vacation and will return in September.

Groups Are:

Nursery - Kindergerten

1st - 5th grade girls

1st - 5th grade boys.

Thank You,

Youth Comm.

Tot Shabbat

Thanks for everyone who participated in the wandering Jew program, and especially the Ciment, Blech & Bleiberg families for hosting. The kids really were interested in their history!

Turn Labor day weekend into Leibadich weekend

The next TOT SHABBAT will be at the DARACK home 180 Johnson Ave Sat Sept 4 at 4:00pm TOT SHABBAT is a singing and movement celebration of Shabbat, with a kid friendly seudah shlishit with Ali Blech

We will be celebrating Shabbat and learning about Rosh Hashanah...and having fun!

Sukkah Hop is coming up soon! If you want to be on the tour call Ali Blech (917)-816-1447 ablech@optonline.net
Shabbat Sept 25 at 4:00 pm meeting at the Rabbi's house 343 Vandelinda Ave.

We need hosts!!! for tot shabbats, parshah parties, teen onegs & sukkah hops email Ali- ablech@optonline.net

Chesed Opportunities

CareOne

CareOne, the kosher rehabilitation and nursing center located at 544 Teaneck Road, 4 blocks south of Holy Name Hospital, is in need of volunteers to maintain the continuity of their Shabbos minyanim, which their residents look forward to each week.

We are joining with other local Shuls in trying to send over a handful of members on a weekly rotating basis to participate in the various minyanim throughout Shabbos. This will be coordinated directly by Rabbi Siev of CareOne.

This is a wonderful chesed opportunity for families to perform Bikur Cholim & mitzvot together while setting a valuable example for the entire community. Youth groups and a Kiddush will be provided. Thank you in advance to anyone who can help.

Please call Rabbi Siev and let him know which weeks you are available to attend, and if you would like to daven, lain, give a d'var Torah, be a Gabbai etc. Important: Please leave your contact information including

your name, phone number and e-mail address so you can be notified of the details.

Mincha Friday night is 10 minutes after candle lighting, Shacharit Shabbat morning is at 9:00 a.m. and Mincha Shabbat afternoon and throughout the week is approximately the same time as in your own shul.

Rabbi Joseph Siev at (201) 287-8519 or jsiev@care-one.com

To join our Bikur Cholim group that visit residents at other times, please contact Laurie Kilimnick (201) 357-5681 or e-mail lauriesteckler@hotmail.com.

Tomchei Shabbos

We are in need of more volunteer drivers, several have made Aliyah and others have schedule conflicts. The time commitment is approximately an hour, on Wednesday nights. You do not need to commit to driving every week, we can fit you in once a month, bimonthly or what ever works for you. What better form of gemilus chasadim than to help out our neighbors who are down on their luck. If you have the time please respond to Steve Gutlove at s.gutlove@verizon.net

Community Announcements

Gap Year Speaker at Rinat - July 31

The Adult Education Committee of Rinat Yisrael proudly presents: Dr. Caroline Peyser, Clinical Psychologist and noted lecturer in Israel. She will be speaking this Shabbat afternoon, July 31, 2010 at 6:40 pm. Topic: "The Gap Year in Israel - A Guide for the Perplexed".

The post high school year in Israel has been credited with creating a mini-revolution in our community. What are the challenges faced by our young people during this year and how can we help them successfully navigate? This lecture will investigate a number of dimensions of the gap year, including: Challenges arising from separation from home and what parents can do to help this process; Family visits and how to optimize successful interactions; Psychological issues common to gap year students; Why students come to therapy during the year and what to do if your child is having difficulties; Current trends - who is coming to Israel today versus 20 years ago and why are they coming. This shiur has been generously sponsored in memory of my beloved Mother, Sarah bat Shmuel Menachem, a"h, by Rella Levenstein Feldman, and by Maya Katz in beloved memory of Dina bat Isak, a monument to the endurance of love.

Dr. Caroline Peyser is a clinical psychologist in private practice in Israel with a sub-specialty in eating disorders and issues facing gap-year students. After making Aliya in 1994, she taught Talmud at Midreshet Lindenbaum while continuing to work as a therapist. Dr. Peyser has been an academic coordinator and lecturer in psychology at Neve Yerushalayim's Center for Foreign Studies. She has been a project coordinator at the Academy for Torah Initiatives and Directions (ATID) , where she published several monographs on the treatment of eating disorders within Jewish educational settings and on approaches to the teaching of Halakhic complexity at Israeli Midrashot.

Areyvut's Summer Fundraiser - Aug 25

Areyvut's 2nd Annual Summer Fundraiser @ Space Odyssey! Join us at Space Odyssey in Englewood, NJ on Aug. 25th from 4 - 7PM. For pricing,

raffle and other information, please visit our website: www.areyvut.org or contact us at (201) 244-6702 or info@areyvut.org. All proceeds from the event will go to support Areyvut's Mitzvah Clown Training Program.!

Join The Invitation Chain - For Racheli Blech's Bat Mitzvah Project

Racheli's Bat Mitzvah Project: I chose Parsha Vayeira because I love Hachnasat Orechim, so we're doing an INVITATION CHAIN. We are asking everyone to invite someone you don't usually invite to SOMETHING ie. a walk, a playdate, seudah shlishit, lunch, even to sit next to you at the lunch table & then email to text me, Racheli avigyal@gmail.com. We are going to try to get to 1000 invites.

We all are finishing up our Bat Mitzvah year. We have been together as a whole grade every weekend. We have all made a lot of new friends, but it is easy to go into old patterns and just hang out with your 3 best friends. (I know I do it too)

What counts? Anything with people you haven't been with in a while, they don't have to be totally new friends. What doesn't count? Your best friend coming over for the hundredth time. Branch out! take a risk! And if you happen to be invited by someone new.. accept & be nice about it.

Do Hachnasat Orechim. It's probably the most fun of all the mitzvot!

Thanks so much for doing a mitzvah for me! Hope you enjoy it!

Weekly Parsha Shiur at Yeshiva Gedolah

Weekly Parsha Shiur given by Rabbi Roberts on Thursdays at 8:30 pm followed by Maariv at 9:30 pm at Yeshiva Gedolah, 1443 Palisades Avenue. Hot potato kugel served.

Teaneck Mikvah Construction Update

We have begun construction of phase two at the Mikvah and we hope to have the entire Mikvah project completed by the spring. The response to our new Mikvah has been overwhelmingly positive and encouraging. However, we recognize that we still have issues that must be addressed. Specifically, thank G-d the Mikvah has been very busy, and consequently during the summer, when zman for tevillah is late and therefore the mikvah hours are shorter, women find themselves waiting for a room. We hope that next summer when the facility size is doubled, we will not be faced with this issue. In the interim, we encourage all women to try to prepare as much as possible at home to reduce the waiting time for themselves and others at the mikvah. As always, thank you for your input, cooperation and continued support.

Teaneck Baby Gemach

The Teaneck Baby Gemach has formula, diapers baby food, baby equipment and clothing up to size 4T for girls and boys. It is open to anyone in Bergen County regardless of financial status. If you would like to receive items anonymously through the gemach, you may send an email to jrfleisher@gmail.com with items you need and they will be put out on the front porch for you to pick up at a designated time. We are still low on the following items and would appreciate donations of diapers, specialty formula (Soy, Gentlease, Nutramigen, etc) and regular formula, baby food, onesies, pajamas and one-piece outfits.

FRIDAY NIGHT MIKVAH FOR WOMEN

If you are scheduled to use the Teaneck Mikvah on a Friday night and would like to confidentially arrange to walk home with another woman walking back to this side of town (i.e.: Beth Aaron, Young Israel, etc.), please leave a message for Cyla Steinmetz at the following confidential voicemail number: 212-851-8953.

About this message

This message is being sent to you as a service of Congregation Arzei Darom.

To add an announcement, please send the information, including the contact person, to: announcements@arzeidarom.org by noon on Wednesday to be included in that week's announcements.

Visit <http://www.arzeidarom.org/announcement.html> to Subscribe or Unsubscribe from the e-mail announcement list.

Other ways to stay in touch:

The image shows the Facebook logo, which consists of the word "facebook" in white lowercase letters on a dark blue rectangular background.

Go to www.facebook.com and create an account, if you already do not have one. Then just look for a group called Arzei Darom, and submit a request to join.

The image shows the Yahoo! Groups logo, with "YAHOO!" in red and "GROUPS" in grey.

To sign up for the Arzei Darom Yahoo Group - click on the following URL or copy/paste it into the address bar of your browser window:

<http://groups.yahoo.com/group/arzeidarom>.

These groups have been created as a means for members to communicate with one another, and send messages, greetings, or other announcements to everyone else.