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## Parashat Be'Shalach

### Friday, Feb 3

Shacharit 6:45 am  
Candles 4:57 pm  
Mincha 5:00 pm

### Shabbat, Feb 4

#### Shabbat Shira

Hilchot Shabbat 8:15 am  
Shacharit 9:00 am  
K'Shma 9:37 am  
Mincha 4:50 pm  
Ma'ariv 6:00 pm  
Shabbat ends 6:06 pm

### Sunday, Feb 5

Shacharit 8:30 am  
Mincha 5:05 pm

### Monday, Feb 6

Shacharit 6:35 am  
Ma'ariv 7:45 pm

### Tuesday, Feb 7

Shacharit 6:45 am  
Ma'ariv 7:45 pm

### Wednesday, Feb 8 Tu B'Shevat

Shacharit 6:45 am  
Ma'ariv 7:45 pm  
Rabbi's shiur 8:10 pm

### Thursday, Feb 9

Shacharit 6:35 am  
Ma'ariv 7:45 pm

#### Contact Us

#### CONGREGATION ARZEI DAROM

725 Queen Anne Road  
Teaneck, NJ 07666

Rabbi Aharon Ciment  
[rabbi@arzeidarom.org](mailto:rabbi@arzeidarom.org)  
Study: 201-530-0043

President: Ron Goldgewert  
[president@arzeidarom.org](mailto:president@arzeidarom.org)

## Kiddush

Kiddush this Shabbat is sponsored by Mark and Debbie Wiesel who are celebrating their son Josh becoming a Bar Mitzvah. Mazal Tov to Josh!

Mazal Tov to Mark and Debbie, Josh's sister Jessie and Josh's Grandparents Richard and Linda Harrow of Hollis Hills and Abe and Betty Wiesel of Long Beach.

**Please note:** Rabbi Ciment will make Kiddush in the sanctuary after davening, and there will be some cake in the vestibule area. We ask that everyone please return to the sanctuary for a few minutes, and then we will all go downstairs for the continuation of Kiddush.

Mazal tov to Drorit and David Beckman on the birth of a baby boy. The bris will be held in shul on Friday after Shacharit. Mazal tov also to grandparents Mona Cohen as well as Scott and Brenda Beckman. If you wish to help with meals, please contact Laurie Kleid at [lauriekleid@gmail.com](mailto:lauriekleid@gmail.com).

## Events

### Upcoming Simcha Kiddush - February 11, 2012

We will be having our next birthday/anniversary kiddush on February 11th. If you're celebrating a birthday or anniversary in January, February and/or March, please e-mail all names with the date(s) of the birthday and/or anniversary to Holly Weiss at [holly.ohrenweiss1@gmail.com](mailto:holly.ohrenweiss1@gmail.com). The cost to participate is \$25 per name. All participants will be recognized in the weekly announcements.

### Arzei Darom Annual Dinner Save the Date – May 13, 2012

Please save the date for Arzei Darom's eleventh Annual Dinner, which will be held on Sunday, May 13, 2012. This year's honorees are Julie and Shabsi Polinsky. Julie and Shabsi have been active members of Arzei Darom since its founding. Shabsi was our longest serving President, having led the shul for six years spanning from our early days through the completion of our building. He is currently serving on the Board as the shul's Treasurer. Julie has been involved with the shul in many capacities through the years, always enriching the shul with her talent and creativity including her signature work as the chairperson of the Mishloach Manot Committee. We are truly fortunate to have Julie and Shabsi as members and active participants in our shul, and we hope you will express your appreciation for their efforts by attending the dinner. Please stay tuned for further details.

## Ma'ariv Minyan

We are pleased to announce that our ma'ariv minyan completed its first week successfully, but we still need your help. We ask that you continue to make your best effort to attend so that we can have a strong minyan heading into the spring and summer, at which point we will add mincha. Ma'ariv will be 7:45 PM Monday through Thursday.

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## Fall Onegs

We are currently scheduling our next oneg. Sponsorships are still available: \$25 for a single oneg and \$100 for a seasonal sponsorship. Please contact Rocky Cohen for more information at [mrrocks@gmail.com](mailto:mrrocks@gmail.com).

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## Youth Committee News

### Bnei Akiva Snifim

Please bring your 1st to 6th graders and join Bnei Akiva of Teaneck Chadash (south of Route 4) for our upcoming snifim (Shabbat afternoon groups).

Shabbat, February 4th

Where: Congregation Netivot Shalom at 811 Palisade Avenue

When: 4:50 - 6:05 p.m.

Please contact Pam Scheininger at [pscheininger@hotmail.com](mailto:pscheininger@hotmail.com) if you have any questions.

### Tu B'Shevat Carnival

Bnei Akiva of the US and Canada, Moshava Ba'ir, Bnei Akiva of NY and NJ and Moshava IO invite you to a **TU B'SHEVAT CARNIVAL**

When: February 5th, 11:00 a.m. - 2:00 p.m.

Where: Yeshivat Noam at 70 West Century Road, Paramus NJ 07652

Cost: \$10 per child if you sign up online before February 2nd, \$12 per child at the door

Tickets are available online at [www.bany.org](http://www.bany.org).

For more information, call 212-465-9536.

All children must be accompanied by an adult.

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## Learning Opportunities

We are always looking for opportunities to strengthen our connection to Torah. The more Torah in the shul, the better, so let us know if you have any other suggestions.

- Rabbi Ciment's shiur is on Wednesday nights at 8:30 PM.
- Halachot of Shabbat (8:15 am, Shabbat morning) - Hilchot Muktzah.

A number of Hebrew and English seforim are missing from our library. If you have any of them, please return them so that other members will have the ability to use them as well. If you are currently using one of the seforim, and need to continue to use it, please contact Rebecca Segal or Mark Levine so that we can keep track of where our seforim are. Thank you.

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## Chessed Opportunities

### Bikur Cholim Volunteers

Arzei Darom is looking for bikur cholim volunteers to visit the patients at CareOne and Holy Name Medical Center on Shabbat. For those who have volunteered in the past, the visits are gratefully appreciated. Please volunteer and encourage your children to join you for this great mitzvah. Please e-mail Susan Taubes at [bikurcholim@arzeidarom.org](mailto:bikurcholim@arzeidarom.org), so she can add your name to the rotation list and we can have an organized schedule each

Shabbat.

Care One at Teaneck is seeking Shabbos host families to provide hospitality for our patients' relatives. When illness or post surgery rehabilitation at our facility requires a patient's stay over Shabbos, we often receive requests for accommodations for a spouse, adult child, friend, or other family member. We gladly provide on site RCBC supervised meals, a beautiful Shul and most other requirements. However, when our facility is full, we try to arrange nearby off-site accommodations for sleeping. As a token of our appreciation, we will gladly provide delicious Shabbos meals for the host family, as well. To pre-register as a Shabbos host, please contact Laurie Kleid at 201-287-8560.

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### Social Hall Rentals

Having a party? Need space for a simcha? Know someone who is? Arzei Darom's social is available for rent at reasonable prices. Please send an email to [hallrental@arzeidarom.org](mailto:hallrental@arzeidarom.org) for further information.

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### Important Safety Notice

PLEASE DO NOT BLOCK the doorways or the walkway leading to the doors to the shul with your baby carriage. We understand that if it is raining or snowing you do not want your carriage to get wet, but this is a safety issue. The doorways MUST NOT BE BLOCKED AT ANY TIME.

Thank you for your anticipated cooperation.

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### Kiddush Committee News

Holly Weiss will be helping to coordinate kiddush and seudat shlishit sponsorships. To participate in an upcoming Crock Pot Challenge, other Kiddush or seudat shlishit opportunities, please contact Holly Weiss at [kiddush@arzeidarom.org](mailto:kiddush@arzeidarom.org).

We want to thank Moshe Blech for sharing his crock pot specialty with the shul last week.

Kiddush clean up is on a rotating basis, based on your last name. While we recognize that everyone in your group may not be available each Shabbat, we ask that you pitch in if you are assigned in that month so that the same people are not doing the clean-up each week. We all like kiddushes and we all make plans for lunch after shul so please be respectful of your fellow congregants by helping out during your assigned month if you are in shul.

**February:** Sarue, Schimel, Segal, Shore, Sklar

For information on sponsoring a Kiddush, Kiddush cleanup, or the Kiddush committee, please contact [kiddush@arzeidarom.org](mailto:kiddush@arzeidarom.org).

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### Yahrzeit Memorial Plaques

If you are interested in purchasing a plaque, please call Ari Eiger at 201-530-5600 or e-mail [yahrzeit@arzeidarom.org](mailto:yahrzeit@arzeidarom.org)

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### Dedicate A Sefer Or A Volume Of Shas

A wonderful way to commemorate an anniversary, honor a Bar or Bat Mitzvah, a significant birthday, marriage, or birth, or in memory of a loved one, is to dedicate a sefer. In addition to the label that is placed in the

volume, an acknowledgement card is mailed out.

- Artscroll Hebrew/English **Siddurim** - \$30
- Artscroll Hebrew only **Siddurim** - \$18
- Stone **Chumashim** - \$45
- Rosh Hashanah or Yom Kippur **Machzor** - \$30
- Set of 2 **Machzorim** - \$55
- Artscroll Hebrew/English **Selichot** - \$25
- Dedicate a volume of **Gemara** - \$36
- Dedicate a volume in the Shul Library - various amounts
- Dedicate a volume in the Moises ben Rafael Sarue Library - \$20 each
- Artscroll Children's **Siddur**, or other children's book - \$20 each

If you would like to dedicate a sefer, please contact [seforim@arzeidarom.org](mailto:seforim@arzeidarom.org). The form is also available on our web site.

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### Communications Committee News

Are you running a program that should be listed here? Send an e-mail to [enouncements@arzeidarom.org](mailto:enouncements@arzeidarom.org) by noon on Wednesday to have your event listed.

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### Community Events

#### Rinat Shiurim

This Shabbat, Parshat Beshalach, February 4, at 3:40pm, in the Rinat Yisrael Beit Midrash, please join us for a shiur for women only, with our Yoetzet Halacha, Shoshana Samuels:

*One Passage, Two Interpretations, Divergent Customs:* Women of all ages are invited to join our yoetzet Halacha, Shoshana Samuels, in the Rinat Beit Midrash to explore the background and halachot regarding various mikvah practices, including the number of dunks and when the bracha is said.

THIS Sunday, February 5, 2012, 8PM in the Rinat Bet Midrash, *Dr. Yael Ziegler of Matan*, considered to be one of the top teachers of Tanach in Israel, will be speaking about:

*Of Journeys, Wells and Marriages: Hidden Patterns in Biblical Stories*  
Several couples in Tanakh meet near a well. What is the significance of this repeating pattern? How can a comparative study of these narratives yield a richer understanding of each story?

Dr. Yael Ziegler holds a PhD in Bible from Bar Ilan University and teaches at Herzog College and Matan. Her book, *Promises to Keep: The Oath in Biblical Narrative*, analyzes the pivotal role of the oath in biblical narrative as a literary device in character and plot development. Dr. Ziegler resides in Alon Shvut with her husband and five children.

Motzei Shabbat, February 11, 8 PM

Dr. David Ribner from Bar Ilan University will be speaking about:

*The Challenge of Sexual Communication in the Torah World*

The thought of talking about intimacy, whether with our spouses or our children, frequently renders us speechless. This session will provide ways to enhance communication between mates as well as between parents and children, and it will provide recommendations for helping prepare young couples for marital intimacy. Questions and discussion are welcome.

New Adult Ed program in Tanach:

The Adult Education Committee is pleased to announce that we are planning to present a multi-semester course in Tanach. The course will feature a variety of leading teachers of Bible and will meet every two- three weeks, for a total of seven sessions during each semester. It will be run like a

college course, with preparation and homework. The books of Tanach to be studied are envisioned to be drawn primarily from Neviim Rishonim. In order to engage the very best teachers, we will charge students a fee of \$75 per semester. If you are interested in this new program, please email David Jacobowitz at [djacobow@gmail.com](mailto:djacobow@gmail.com) by February 11, 2012. If we have a sufficient number of students, we plan to move forward.

#### **Keter Torah shiurim**

Rabbi Yisroel Reisman's weekly Navi shiur, via satellite, Continues this Motzei Shabbat at 7:30pm at Keter Torah.

#### **BPY Celebration - Feb 4**

BPY to Celebrate Mr. Stanley Fischman's new book - Seven Steps to Mentchhood

Please join BPY on Saturday night, February 4th - 8:15 PM at Ben Porat Yosef (E. 243 Frisch Court, Paramus) to celebrate the outstanding accomplishment of new author, Mr. Stanley Fischman, Director of General Studies, whose book, which guides children on the path to becoming "mentchen", Seven Steps to "Mentchhood", has just been released. Mr. Fischman will speak on "The Virtue of a Principle- Driven Life", and his book will be available for purchase and signing.

#### **Sinai Dinner**

SINAI Schools for Jewish children with special needs will hold its Annual Benefit Dinner on February 12, 2012 at the Marriott Glenpointe in Teaneck. SINAI will honor:

- Rabbi Benjamin and Shevi Yudin
- Menachem and Rachel Schechter
- Susan Dworken Koss
- Jonathan and Lisa Schechter

This promises to be a very exciting dinner and we hope the community will come and join us. A note re SINAI and its finances: SINAI's tuition, which is approximately equal to its costs per student, is \$45,000. More than 75% of SINAI's students require significant financial aid. Scholarships comprise more than one-third of SINAI's total budget; the bulk of the funds needed to provide this assistance is raised at SINAI's Annual Benefit Dinner. Thank you for your support.

For more information, please contact Aggie at the SINAI office, 201-833-1134x105, or visit [www.sinaidinner.org](http://www.sinaidinner.org).

#### **Moriah Annual Dinner - Feb 25**

The Moriah School will be holding its 46th Annual Dinner on Saturday evening, February 25, 2012 ; 2 Adar 5772, at 8:30 pm at Keter Torah, Teaneck, NJ.

This year we have the privilege of honoring:

Alyssa '83 & Jay Goldberg - Guests of Honor

Mr. Joseph Gitler '88, President and Founder of Leket Israel - Alumni Award

Mrs. Marie Doench - Rabbi J. Shelley Applbaum Service Award

Couvert \$250 per person. You may register and place your online journal ad at [www.moriahdinner.org](http://www.moriahdinner.org) or by calling Nila Lazarus, Director of Development 201-567-0208 ext. 373.

#### **TABC Annual Dinner - Feb 26**

Torah Academy of Bergen County will hold its Annual Dinner on Sunday, February 26, 2012 at 6:00 pm at Congregation Keter Torah, Teaneck, NJ. We are excited to honor Rabbi Yosef Adler for 20 years of leadership, as

well as Rabbi Josh Kahn, Betsy Levy, Yaakov Lisker ('97), Marcy Zecher and Rebecca Zirman. For information and reservation please contact Ryan Hyman, Director of Community Relations, at 201-837-7696 ext 150 or at [ryan.hyman@tabc.org](mailto:ryan.hyman@tabc.org).

### **Yeshiva Gedolah Raffle**

YESHIVA GEDOLAH OF TEANECK COMMUNITY RAFFLE Final Days Drawing 02/08/2012 less than 2 weeks left ! Drawing date Tu Bishvat February 8th 1ST PRIZE \$25,000 CASH !! 2nd PRIZE \$3000 local Teaneck shopping spree. Ticket Prices 1-\$100 2-\$180 5-\$360 8-\$500 Special thanks to our corporate sponsors for making this campaign possible. To purchase tickets please email us at [ygtraffle@gmail.com](mailto:ygtraffle@gmail.com) or call 209-cash-ygt (209-227-4948)

Join the Yeshia for a Tu'Bishvat Mesiba with live music and dancing February 7th @ the Yeshiva 1443 palisade ave.

### **Bergen Connections Singles Event - Feb 11**

Bergen Connections is proud to announce our latest event for Modern Orthodox Second Time Singles, ages 32-48, and those open to dating men and women with children. This elegant wine and cheese tasting event will take place on February 11, 2012 at 8:30 p.m in Teaneck, NJ. A light dinner will also be served. Admission is \$35. To register or for any questions, please e-mail [bergenconnections1@gmail.com](mailto:bergenconnections1@gmail.com).

### **Nechamah Inc. Israel Trip**

Reva Judas, founder, [www.nechamah.org](http://www.nechamah.org) in conjunction with Judy Isaacson, [www.Drive-Israel.com](http://www.Drive-Israel.com), will be taking a group to Israel on July 2-8, 2012. The 6-day trip is designed to provide support, counseling and inspiration for those who have experienced infant or pregnancy loss. Please visit <http://www.drive-israel.com/blog/2011/12/29/health-healing-in-israel/> for trip details, or call Reva Judas at 201.692.9302 or email [nechamacomfort@gmail.com](mailto:nechamacomfort@gmail.com). The trip is open to individuals and couples; spaces are limited.

### **Tomchei Shabbos of Bergen County**

Tomchei Shabbos is desperately seeking drivers for Wednesday night deliveries. Please contact Chani Schmutter 201-833-2320 or email [chaniruth@att.net](mailto:chaniruth@att.net), if you are able to help out.

We have many opportunities for volunteers to help out, with anything from deliveries to administrative assistance. For more information, click [here](#).

### **FRIDAY NIGHT MIKVAH FOR WOMEN**

If you are scheduled to use the Teaneck Mikvah on a Friday night and would like to confidentially arrange to walk home with another woman walking back to this side of town (i.e.: Beth Aaron, Young Israel, etc.), please leave a message for Cyla Steinmetz at the following confidential voicemail number: 212-851-8953.

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### **About this message**

This message is being sent to you as a service of Congregation Arzei Darom.

To add an announcement, please send the information, including the contact person, to: [enouncements@arzeidarom.org](mailto:enouncements@arzeidarom.org) by noon on Wednesday to be included in that week's announcements.

Visit <http://www.arzeidarom.org/enouncement.html> to Subscribe or Unsubscribe from the e-mail announcement list.

Other ways to stay in touch:

The Facebook logo, consisting of the word "facebook" in white lowercase letters on a blue rectangular background.

Go to [www.facebook.com](http://www.facebook.com) and create an account, if you already do not have one. Then just look for a group called Arzei Darom, and submit a request to join.

The Yahoo! Groups logo, featuring the word "YAHOO!" in red with an exclamation point and a registered trademark symbol, followed by the word "GROUPS" in grey.

To sign up for the Arzei Darom Yahoo Group - click on the following URL or copy/paste it into the address bar of your browser window: <http://groups.yahoo.com/group/arzeidarom>.

These groups have been created as a means for members to communicate with one another, and send messages, greetings, or other announcements to everyone else.